



English mentoring and assessment days in German-speaking Switzerland



Date: **Sun. 12 May 7.30 pm - Wed. 15 May 2024 1.00 pm**

Location: **Wolfgrabenstrasse 1a, 8135 Langnau am Albis,**

<https://fokus-empathie.ch/de/raeumlichkeiten>

These days are an offer for candidates on the way to certification by the Centre for Nonviolent Communication (CNVC) and for people who are still considering it.

We, the inviting trainers (Michael Dillo, Benedikt Loser, Patricia Walker, Barbara Köhler, Rolf Bänтели), invite all people who are travelling with NVC and have already decided on the path of certification by the CNVC, as well as those who are still in the process of deciding and would like to gain impressions and make contacts.

The motivation for your participation can be:

make sure you know where you stand in the certification process

Receive feedback from participants and/or assessors

discuss your understanding of being a trainer, also in relation to the CNVC

meet other people who are also in the certification process

want to make connections and learn new things in this community

complete the certification process during these days (a recommendation will be made to the centre)

We also invite CNVC-certified trainers who would like to participate and contribute to holding the space and making the diversity of NVC tangible through their presence on these days. We ask for the same financial support from all participants.

Idea and organisation of the days

The inviting trainers offer a framework with time slots for the participants to make their own offers. The participants are invited to use and organise individual time slots, for example to show themselves with their own offerings and to try out NVC. Trainers are present during the various activities to provide feedback and direct dialogue.

We **do not offer** workshops (and we also ask any certified trainers present not to offer workshops).

We hope that anyone taking part will have read the [CPP](#) beforehand.

These days can be seen as mentoring in the certification process. Participants receive a course certificate for 2.5 course days with certified trainers.

⇒ **We expressly recommend and request participation for the entire duration.**

What the inviting parties offer

We pay particular attention to feedback with the intention of making a contribution to determining the status quo. In doing so, we pay attention to the criteria for certification.

We provide the space and framework for this so that experiences can be made that can then be addressed in the feedback. This feedback can take place briefly in a larger group, but also much more in-depth afterwards in a direct one-to-one exchange.

In challenging or deadlocked situations, we offer direct or indirect support in order to reconnect. We care for connection in the way we know it in the sense and spirit of CSF according to Marshall Rosenberg and also want to pass it on. This means that we also name and point out when the connection is crumbling and how it can be restored.

Language

These M+A days will be held in plain, international English, with the intention of enabling many non-native English speakers to participate.

Premises

We have the seminar rooms (2 smaller ones, one large plenary room) as well as the kitchen and the garden at our disposal. Flipchart and pin board are available.

Accommodation

There are no guest rooms on site. It is possible to stay overnight with a mat/sleeping bag or in a tent. Sanitary facilities are available.

BnBs, youth hostels and hotels are also available in the area. If you need support, please contact Benedikt Loser.

Catering

We will not offer catering. Restaurants and shops are within walking distance and a fully equipped kitchen is available on site.

Journey to venue

See <https://fokus-empathie.ch/de/kontakt>.

Costs

Because we want everyone who would like to come to be able to come and not have to miss out due to financial restrictions, **we do not charge fixed financial amounts, but rather guidelines**. We are aware that we all have different financial means and would

also like to live a community here that is sustainable. That's why everyone should give the amount they are able and willing to give. We will probably hold a **money dance** on Saturday afternoon and we trust that money will be raised.

The money dance is intended to raise the money to pay a **fee** to the inviting M&A team, the **seminar house rent, accommodation and food**.

The following amounts are our **guideline - regardless** of the time spent on the M+A days and based on the economic circumstances on site: Contribution to the inviting assessor team: CHF 600.

Registration and deregistration

Please register by 20 April 2024 using one of the following two links (both lead to the same location)

<http://gfk-zertifizierung.ch/?title=daten#daten>

or directly to Benedikt Loser (see contact below).






If you cancel after 20 April 2024, we ask that you still pay the full financial contribution.

For questions or clarifications, please contact one of us.

We are delighted to invite you to these days. Sincerely:

Michael, Benedikt, Patricia, Barbara and
Rolf

Contact details of the inviting trainers

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